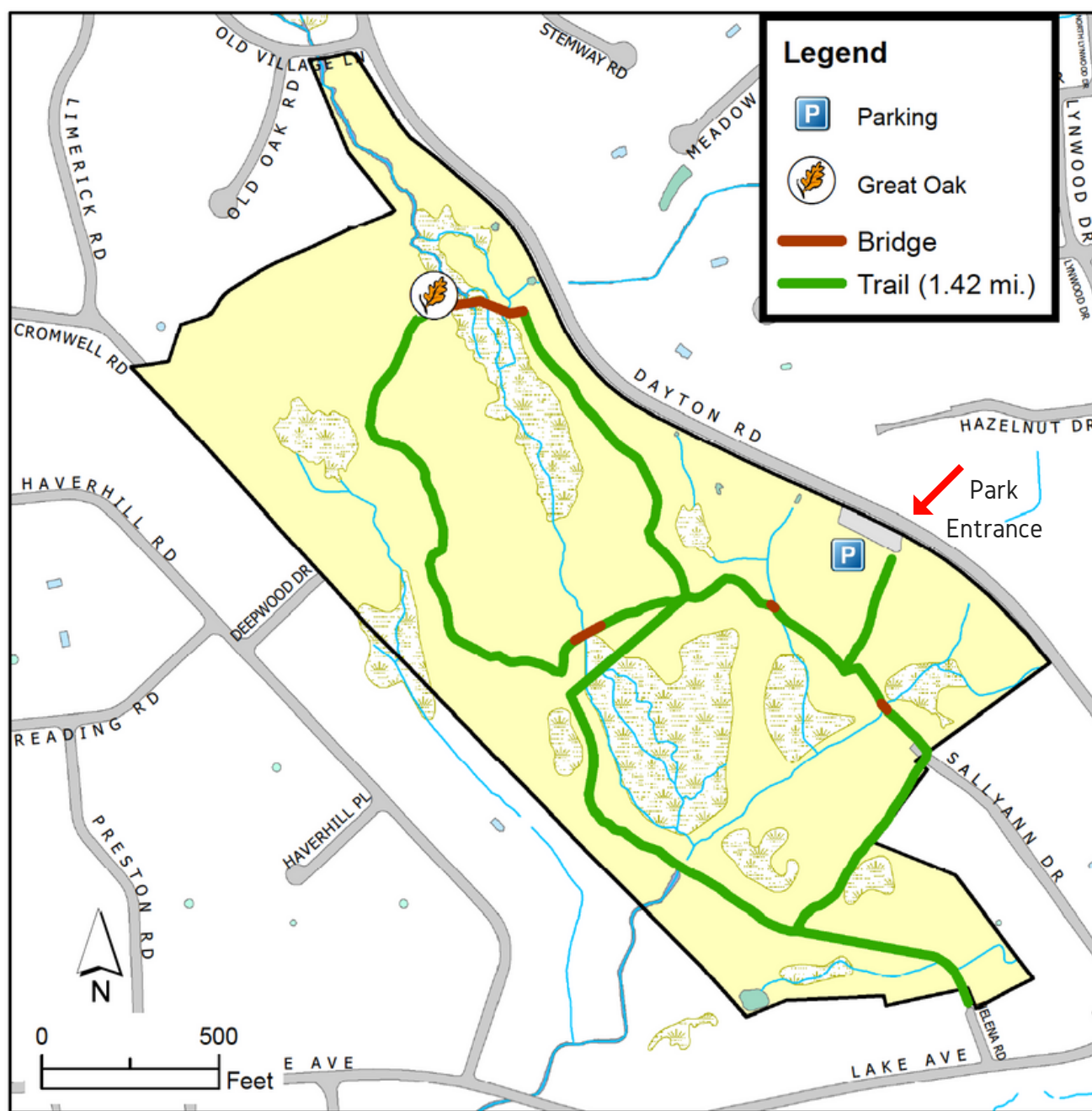


Trumbull Treks

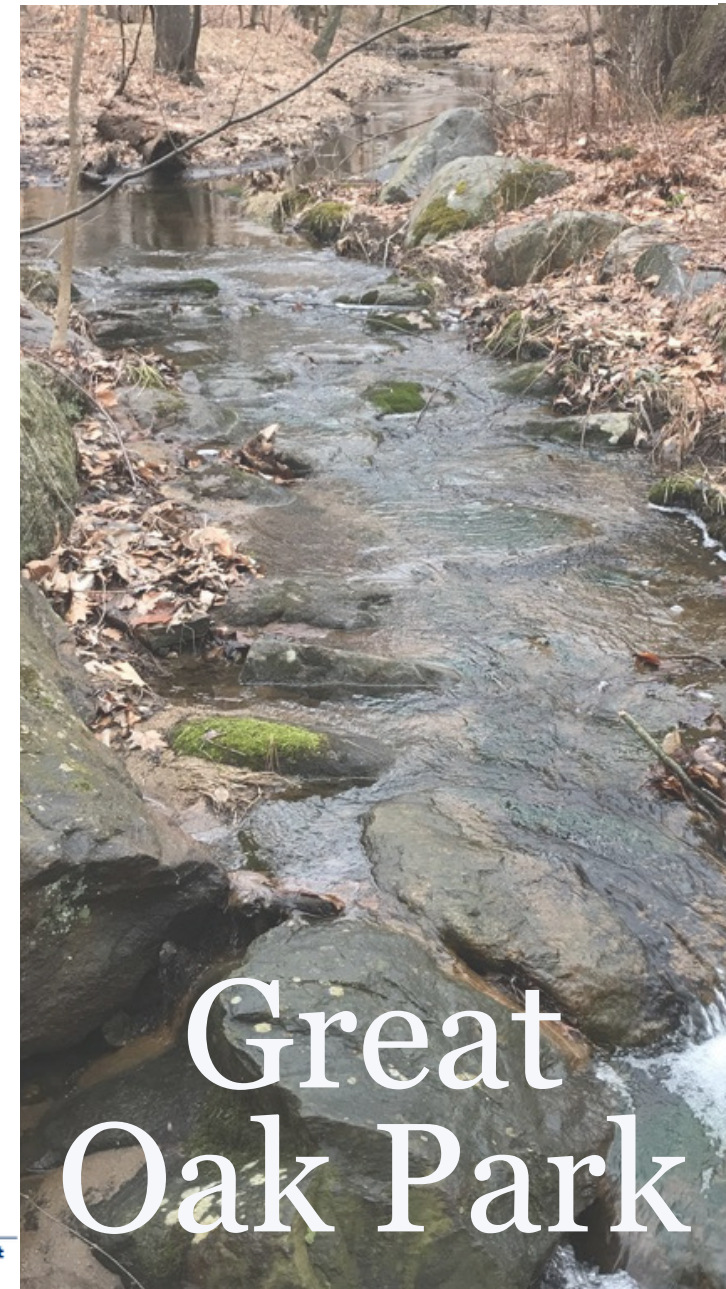


Park Address
Dayton Road
Trumbull, CT 06611

Distributed by:
Trumbull Health Department
335 White Plains Road
Trumbull, CT 06611
(203) 452-1030
www.trumbull-ct.gov/THD



Public Health
Prevent. Promote. Protect.
Trumbull Health Department



Great Oak Park

GREAT OAK PARK

AMENITIES

Blazed walking/hiking trails
Wetland preservation boardwalks
Parking available (permit only)
Dog-friendly (on leash)
Closes at dusk



FIND YOUR TRAIL

PARK HISTORY

Great Oak Park is a hidden gem, set deep in a tranquil residential section of town. Purchased with federal land state funding in the early 1960s, this little known park is home to diverse wildlife, towering oak trees, and scenic wetlands. Over the years, Great Oak Park was the subject of many debates, as the Town of Trumbull decided the fate of the 69 acre parcel of land. Community members rejected ideas for development within the park, including the installation of baseball fields and a dog run. Ultimately, the park's natural beauty was preserved, and the Town installed a simple, yet easy-to-follow trail system and several pedestrian bridges over the wetland areas. When you explore the trails within Great Oak Park, look for the mighty oak trees that are dispersed throughout the forest, and immerse yourself in the subtle beauty and tranquility of this undisturbed woodsy paradise located right in your backyard.

SAFETY FIRST

Walking is good for your health and for the environment, too. Before you head outside for a walk, please remember these important safety tips for walking on roadways and within parks:

- Cross the street at a designated crosswalk or intersection whenever possible.
- Increase visibility at night by carrying a flashlight and wearing reflective clothing.
- Walk on a sidewalk if one is available. If a sidewalk is not available, walk on the shoulder and face oncoming traffic.
- Avoid distractions such as electronic devices that take your attention off of the road.

Source: Centers for Disease Control and Prevention



Special thanks to the **American Heart Association** for their support!